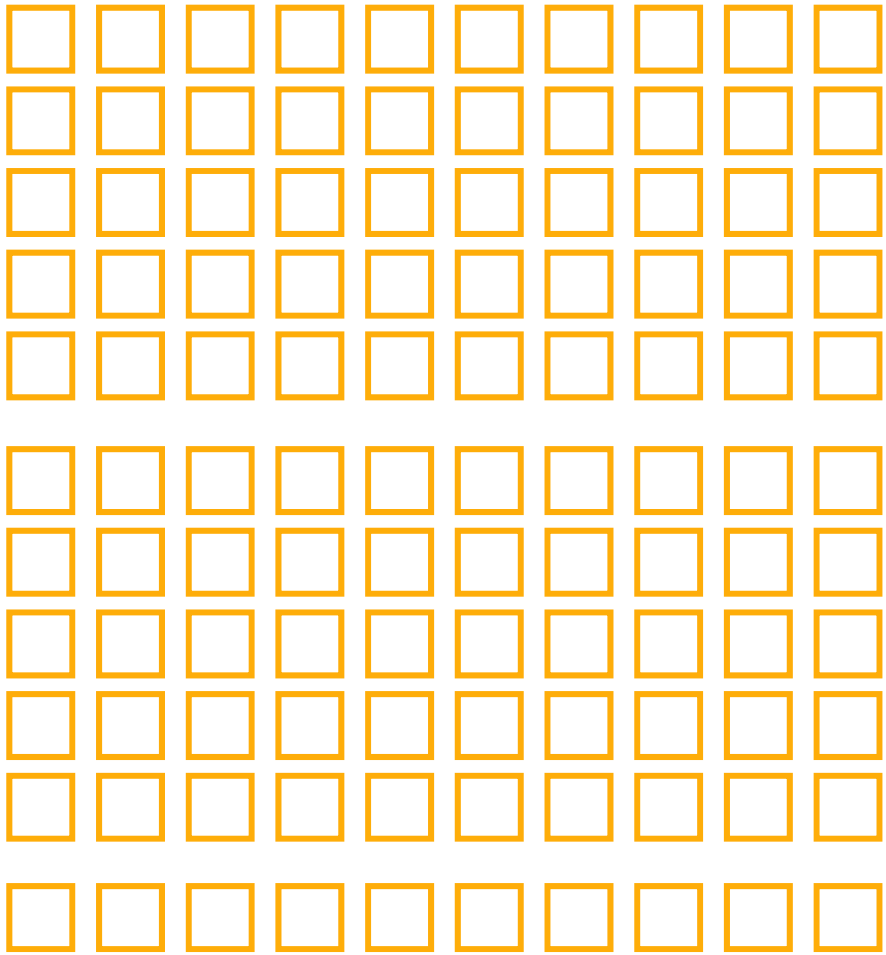
RELATIONSHIP MAGIC ACADEMY™

Transform the Relationship You Have Into the Relationship You Want

40-Day Relationship Transformation Checklist (PART A): Each day for the next 40 days…

1. Say, "I love you," out loud first thing in the morning
2. Ask what you can do to make their life better.
3. Then do it!
4. Give a 60-second hug each time either of you leaves the house
5. At least once a day, call or text your spouse just to let them know you were thinking of them
6. Give a 60-second hug when either of you comes home
7. Say, "I love you out loud last thing at night
8. Go to bed at the same time
9. Cuddle for 5 minutes
10. On a yellow sticky pad, write 40 things you love about your partner (one on each sticky note)
11. Just before bed, each of you read one out loud



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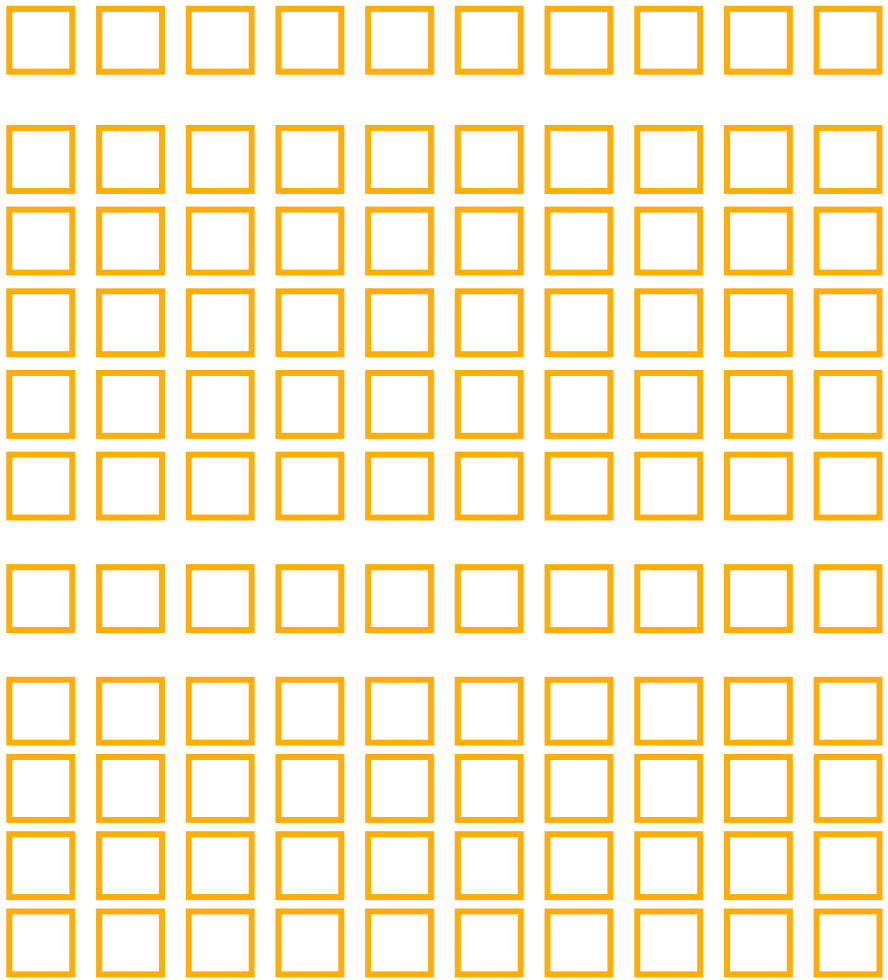
40-Day Relationship Transformation Checklist (PART B): Each day for the next 40 days…

12. Give that note to your partner (whether they save them is not an indication of their importance, so no judgment or hurt feelings)
13. No electronics during meals
14. Childrens' electronics go in your room at night
15. Date night without children once a week (be creative, not expensive)
16. No electronics during date night
17. Sit down together weekly and schedule marriage and family time on your calendars
18. Sit down together monthly and create a budget both of you are willing to stick to
19. If finances or budgeting are issues, get the Dave Ramsey course (Financial Peace University) and work through it together
20. Decide what you want to do, be, and have as a couple
21. Decide when you're going to make them happen
22. Create a vision board for your marriage



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